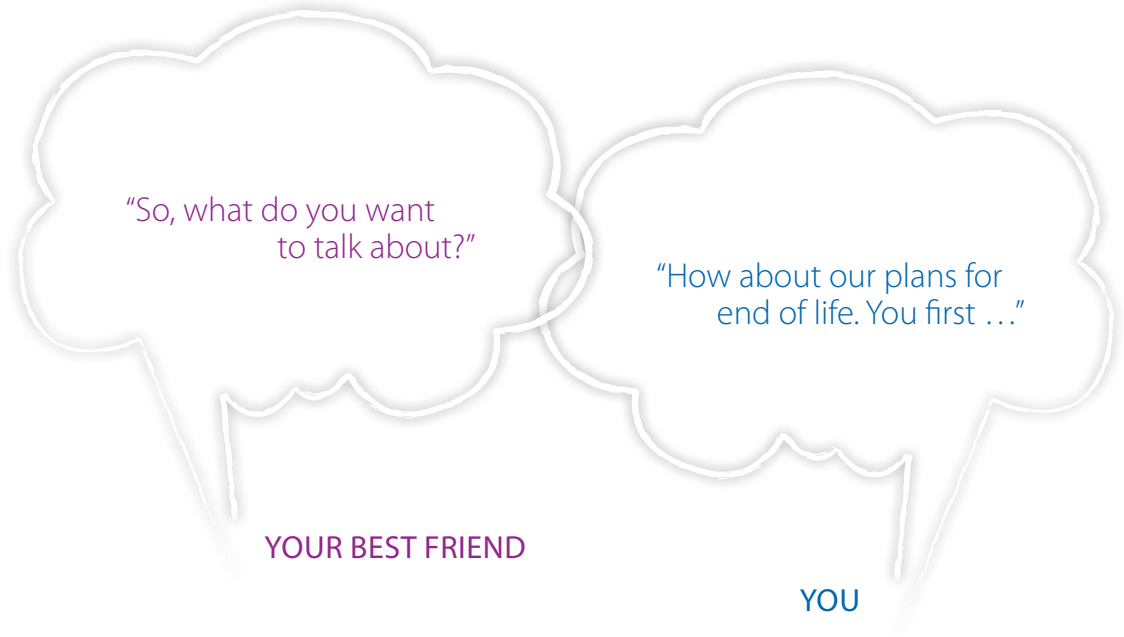


# WHAT'S *your* PLAN?



This probably isn't the easiest way to begin a conversation about the last phase of life. But sharing your wishes with those close to you can relieve a tremendous burden on them should a situation arise where you cannot speak for yourself.

It's why we created these Conversation Starter cards. Print them out and take one topic at a time. Share your thoughts, and listen to the wishes of the people you love.

Then be sure to **put your plans in writing** *before* a crisis occurs!

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| <p>What has life taught you that you want your loved ones to know?</p> <p>Make sure they know at <a href="http://www.whats-your-plan.info">www.whats-your-plan.info</a></p> <p><small>"What's Your Plan?" is sponsored by Community Hospice of Texas. ©2012 Community Hospice of Texas</small></p> | <p>If you knew you had six months to live, what would you want to be sure to do?</p> <p>Make your wishes known at <a href="http://www.whats-your-plan.info">www.whats-your-plan.info</a></p> <p><small>"What's Your Plan?" is sponsored by Community Hospice of Texas. ©2012 Community Hospice of Texas</small></p> | <p>What are your biggest fears about having a serious illness or dying?</p> <p>Share your thoughts at <a href="http://www.whats-your-plan.info">www.whats-your-plan.info</a></p> <p><small>"What's Your Plan?" is sponsored by Community Hospice of Texas. ©2012 Community Hospice of Texas</small></p> |
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Who would you want to be sure to see or spend your remaining time with?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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Where would you want to spend your final months, weeks or days?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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What's more important to you: Staying alive no matter what it takes or living a quality life?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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If you needed medical equipment constantly to stay alive, would you want to do so?  
For how long?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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Are there any particular actions you would NOT want to take to keep you alive?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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If you couldn't make or communicate medical decisions for yourself, who would you want to do it for you?  
Who would be an alternate choice?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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Have you ever told anyone what your wishes would be if you couldn't speak for yourself?  
Ever written down or recorded those wishes?

Make your wishes known at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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Have you written down your wishes to make them legal documents?

If not, find easy-to-use tools at [www.whats-your-plan.info](http://www.whats-your-plan.info)

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Do these reflect some of your end-of-life wishes?

- ~ I don't want to be in pain
- ~ I want to be at home
- ~ I don't want to be alone
- ~ I want to be treated with dignity

This is the kind of care Community Hospice of Texas provides. To learn more about our nonprofit, mission-driven philosophy, visit [CHOT.org](http://CHOT.org) or call 817.870.2795.

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